

## **Self-Reflection: Building Trust in Your Situation**

What actions were taken (or could be taken) to strengthen trust (or at least not compromise it)?

In what ways and under what circumstances (either intentional or unintentional) might you have caused or reinforced mistrust during this situation?

Based on this analysis, what actions can you take to build and rebuild trust in the future?

Based on this analysis, what actions can others (i.e., coworkers, team members, and/or senior management) take to build and rebuild trust in the future?